

present on behalf of SWDC the DC Circuit Champs

Event Sponsored by:

BIKE CHAIN RICCI

Sunday 26th September 2021

Event HQ

Lizard Reading Room Beacon Terrace Lizard Cornwall TR12 7PB

(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

Event Secretary

Tom Cox 54 Graham Way Cotford St Luke Taunton Somerset TA4 1JG

IN THE INTEREST OF YOUR OWN SAFETY, Cycling Time Trials and the event Promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

Important Notes:-

- NUMBERS, Numbers will be available at the HQ and must be returned there
- Numbers MUST be signed back in to the HQ after the event or riders will be disqualified.
- Riders are to ensure that they read the course risk assessment (which will be next to the numbers at the HQ) prior to starting the event
- It is advised that riders make themselves fully conversant with the course as this is very much an 'old skool' course!
- No U-Turns within sight of the Start and Finish Timekeepers
- One Rider one prize except Team Prize

Course: S45/30S - description

This event is being run on the S45/30S course:

Start on Lizard Village Green on A3083 (GR704124). Proceed north to Culdrose Roundabout (M), giveway and take second exit onto B3293 signed "St. Keverne". At War Memorial Roundabout in Garras (M), give way and take third exit on B3293 towards ST. Keverne. Remain on the B3293, passing Zoar Garage to the Coverack turn, where turn right (M) onto B3294 signed Coverack. After 400metres turn left (M) onto unclassifed road and then after a further 300 metres turn left again (M), give way, back onto B3293. Retrace route to War Memorial Roundabout (M), give way and take first exit signed "Helston". At Culdrose Roundabout (M), give way and take first exit signed "Lizard" and retrace route on A3083. Finish opposite the start on Lizard Village Green.

Intermediate mileages – Culdrose roundabout ... 7.8 and 22.5 miles,

War memorial roundabout....9.2 and 21.2 miles Coverack turn 15 miles

Please note at approx. 4.5 miles there is a descent with an S bend - please take this with caution and again at approx. 26 miles there is the same S bend but from the other direction. Care is advised!

Timekeeper: - Ian Marshall – Saint Piran

Prize List - SWDC Circuit Champs

1st Fastest	1 medal
1 st Woman	1 medal
1st Vet 40+	1 medal
1st Vet 50+	1 medal
1st Vet 60+	1 medal
1 st Team	3 medals

<u>Important message from the organiser – Tom Cox - and Saint Piran</u>

Ladies and Gents

I would really like to thank you for entering this event, however as you will notice we have a really small field.

Recently Giant Helston had to cancel their 4 up due to a lack of entries, so I would please urge you to speak to all your friends and colleagues and get them motivated so we can get the numbers up for these local races.

We at Saint Piran take the view that we need to support grass roots cycling and if races are cancelled they may not get run again, so we have been very keen to run this race. However, because of the low number of entries, we have not been able to allow for a monetary price list for this event - 30 riders is typically a break even number financially to run a race. So for this event on this occasion the kudos is riding for the win and a placing in the DC Circuit Championships and I hope you will understand.

On behalf of myself, Saint Piran, and all those who have volunteered to help and without whom this race would not be able to run, I would like to wish you all a safe and enjoyable ride.